

Willows Academy RHE (Relationships Health Education)

PSHE (Personal, Social, Health & Economic Education) Policy

Areas that maybe covered in these subjects

Key Stage 1 & 2

Physical Health, Mental Health, Ourselves-growing and Changing, Keeping Safe, Drugs, Alcohol and Tobacco, Families & close, positive relationships, Online Relationships, Friendships, Managing hurtful behaviour and bullying, Safe relationships, Respecting self and others, Shared responsibilities, Communities, Media literacy & digital resilience, Economic wellbeing: Money, aspirations, work & career.

At Willows Academy we are committed to ensuring that the objectives of PSHE and REHE are taught and understood across the academy. We believe that through understanding these objectives, children learn the essential knowledge, skills and understanding of everyday life, enabling them to become a valued citizen. The RHE/PSHE Curriculum offers opportunities for children to discuss and better understand society and to aid them in their social interactions now and into adulthood. We aim to provide the experiences, resources, support and environment in which all children will enjoy and develop their talents in a supportive atmosphere. Through teaching RHE/PSHE we hope to give children for the opportunities, responsibilities and experiences needed for adult life.

Teaching and Learning:

RHE/PSHE objectives are mapped onto the pacing sheets of each Key Stage and objectives provided by the lead of this subject along with resources and contacts for further support if required. Much of the learning for RHE/PSHE takes place during circle time or discussions taking place during the lessons designated by each key stage/age range. Some of the less delicate areas are covered in whole school assemblies.

Due to the impact of the COVID pandemic, the coverage in assemblies will need to be covered by the class teacher. These areas have been provided to each key stage/age relation.

Early Years Foundation Stage:

In EYFS, the children lead their own learning. However, the objectives from the EYFS curriculum are followed during the planning of child led units.

The EYFS have been provided with objectives to cover for RHE/PSHE appropriate for their age range.

Assessment, Recording, Reporting & Monitoring:

Learners understanding of the objectives are assessed during lessons and on completion of work using teacher judgement. Coverage is checked using assemblies and each key stage pacing sheets which explain what has been delivered, and which objectives they have been focussed on. The children will be provided with self-assessment sheets for some sessions.

Resources:

There is a range of PSHE resources available and links/contacts/resources have been provided by the lead for teachers to use. The NSPCC have also provided resources which are available to staff to explore and print.

Equal Opportunities:

When teaching RHE/PSHE, we endeavour to use material which are free of gender bias but emphasise diversity. We promote equal opportunities by encouraging all children to participate enthusiastically in these areas.

More sensitive areas

Parents have the right to opt their child out of the more sexual parts of this subject by completing and returning the opt out letter to their child's class teacher.

KS1

- To recognise that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private.
- About how to respond if physical contact makes them feel uncomfortable or unsafe.
- About knowing there are situations when they should ask for permission and also when their

permission should be sought.

KS2

- About privacy and personal boundaries; what is appropriate in friendships and wider relationships (including online)
- Recognise different types of physical contact; what is acceptable and unacceptable; strategies to respond to unwanted physical contact.

Parental Involvement

Parents provided with the policy and questionnaire for their feedback on these subjects. Parents supplied with an opt out option on the sensitive parts stated above in this subject.

Policy written by Lisa Reeder

Reviewed- July 2020

Date for next review: July 2021